



FOX POINT ADULT SUMMER CARDIO CLASSES:

CARDIO TENNIS: Min/Max: 5/20

Cardio Tennis is a great and healthy work out for people of all ages and abilities. It is the ultimate full body, calorie burning workout.

Sect.	Dates	Day	Time	Weekly Fee
CA - 01	6/10-7/29	M	6:30-8:00P	\$27
CA - 02	6/11-7/30	T	10:00-11:00A	\$18
CA - 03	6/12-7/31	W	6:30-8:00P	\$27

Holidays: Week of 7/1 (no classes)

**** Adult Group Classes: we can create a class with a minimum of (3) students; please contact Dana Joseph at 847-404-3174 or dsj2@comcast.net for more information. The typical times would be late morning or early afternoon. ****

Privates: \$50 / hour

Semi-Private: \$60 / hour (\$30 each student)

Pro +3 / 4: \$75 / hour (\$25 each student)

Daily Privates (not pre-paid) are paid the day of the lesson; there is a 24 hour cancellation policy.

**** Refund Policy ** - there will be no refunds issued; only exception would be due to excessive weather (3 or more rain days)**